***Register for CA WP Performance Clinic on August 5 at Princeton HS!***



DAN MATULIS, M.S.

* 2-time NCAA All-American
* U.S. Senior National Team
* 4-time All-Academic Athlete
* 2 Kinesiology degrees, specializing in Sport Psychology and Exercise Science
* College Coaching Experience
* Association for Applied Sport Psychology

**Each group receives custom instruction to fit the needs of each player**

***All Positions and Levels Welcome***

“I have used my experience as a coach and player, along with my advanced degree in kinesiology to create a Player Centered Performance Model for private clinics. This unique model offers high level water polo technique in a format accessible to all players. By working in small group settings with athletes, employing meaningful metrics, and customizing instruction, I am able to offer dramatic improvements in technique and athletic performance.” - Dan Matulis

California WP Performance Clinics

[ The intersection of technique + performance]

**2018 CALIFORNIA WATER POLO PERFORMANCE CLINIC**

***In PARTNERSHIP with JOSE CERDA AQUATIC FOUNDATION***

***Lead Instructor: Dan Matulis, Former USA Nat’l Team player***

***ELITE CLINIC FOR MAX 40 PLAYERS***

***TIERS: 1ST TIER - ADVANCED - (2 sessions)***

***2ND TIER - INTERMEDIATE / BASIC - (2 sessions)***

***Date: Sunday, August 5, 2018 Location: Princeton HS Natatorium, Sharonville, OH***

***Purpose of Clinic*:**

The purpose of the California Water Polo Clinic is to:

1. personalize water polo instruction for HS players and rising college varsity & club players, based on their individual skill set and needs;
2. utilize athlete who has played at the sport's top levels *(NCAA Division 1, US National Teams)*;
3. provide more focused, 1-on-1 instruction and skill reinforcement in a small group setting beyond that typically offered by broader-based, longer-term camps.

***Description of Clinic:***

**Clinic Instructors**

* Lead clinic instructor: Dan Matulis
  + California State University - Long Beach men's WP team - *(2010-14: 4th in the nation in 2014)*.
  + US Men's National Team *(2013-14)*.
* Assistant instructor: Dave Matulis - (NCAA DII 1st Team All-American at Mercyhurst University).
* Both have extensive experience coaching youth of differing skill levels, as well as college players.

**Clinic Format:**

* Four 2- hour sessions throughout the day, max of 10 players per session.
* 2 Advanced & 2 Intermediate / Basic sessions - all player positions *(Goalies get customized instruction, too!)*
* Separate sessions on: \*center / 2-meter defender skills, \*1-**/**2-position, 4-**/**5-position, offensive skills.
  + *Both sessions cover skills needed for all water polo players!*

**Instruction:**

* Instructors are in the pool with students for entire session, provide small-group instruction .
* Instructors are experienced in providing personalized, multi-level instruction in small-group settings.
* ***Skill repetition & reinforcement with full, active supervision by in-water instructors is key clinic feature***!

**Post-clinic Assessment:**

* Each player gets individual assessment of his/her strengths/areas for improvement within a week after clinic.

**Clinic Fee / Cost:**

* Fee is $90/player. Discount for two sessions is $80 per session ($160 for a double session).
* *"Bring a Friend" Special*: If you and a friend/family member register at same time, player cost is $80 per session or $150 for a double session *(additional $10 discount per player).*

***NOTE: 20% of all proceeds from this clinic will be donated back to JCAF to continue supporting Ohio WP!!***

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**2018 CALIFORNIA WATER POLO PERFORMANCE CLINIC**

***In PARTNERSHIP with JOSE CERDA AQUATIC FOUNDATION***

***Date: Sunday, August 5, 2018 Location: Princeton HS Natatorium, Sharonville, OH***

**INSTRUCTOR BIOS**

**DAN MATULIS *(Lead Instructor)***

*Post-College*:

* Head Coach, South Bay United Water Polo Club, Manhattan Beach, CA.
* Assistant Coach, Golden West Community College Men's & Women's Water Polo Teams, Huntington Beach, CA
  + *GWCC Men's WP Team: 2016 &17 CA State Jr. College Champions (62-0 record)*
* Instructor & Student Athlete Mentor, Golden West Community College
* Certified Consultant - Association of Applied Sport Psychology (2017)
* Master of Science in Kinesiology – Sports Psychology at Long Beach State (2016).
* Member Repubblica Water Polo Team, National Men's League (2016).

*College*:

* Chosen for 14-member US Men's Senior National Team roster (2013-14).
* 2-time D1 All-American (2012, 2014) Long Beach State University Men's Water Polo.
* 4-time Academic All-American.
* All-MPSF Conference Team.
* Tied for 5th all-time at LBSU for goals scored in single season (69 goals), 2012 team leader.

*High School*:

* 3-time First Team All-Ohio (2007-09), 3-time Ohio Cup All-Tournament Team (2007-09).
* Led Milford HS to 2008 Ohio State Championship. Holds team record for career goals.
* 2009 US Junior National Training Team Member. NISCA 1st Team WP All-American.



**DAVE MATULIS (*Assistant Instructor)***

*Post-College*:

* Assistant Coach, Cincinnati Marlins Water Polo Club
* Assistant Coach, Penn State Behrend Men's & Women's Varsity Water Polo Teams
* Master of Business Administration at Penn State Behrend (August, 2017)
* Coached 3 DIII All-Americans

*College*:

* Captain of Mercyhurst University Men’s Water Polo Team, NCAA DII program (2015).
* 2-time First Team Division II All-American (2014, 2015).
* 2-time All-CWPA Southern Division Second Team (2014, 2015).
* Led team in scoring (47, 52 goals) and drawn ejections as junior and senior.
* Coach, Moose Water Polo Club, Cincinnati, OH

*High School*:

* Two-time First Team All-Ohio (2010-11), Ohio Cup All-Tournament Team (2011).
* NISCA 3rd Team WP All-American. Holds Milford HS record for single season goals.

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**Registration Form**

**2017 CALIFORNIA WATER POLO CLINIC**

**In PARTNERSHIP with JOSE CERDA AQUATIC FOUNDATION**

**Location: Princeton HS Natatorium, Sharonville, OH**

**2018 CALIFORNIA WATER POLO PERFORMANCE CLINIC**

***In PARTNERSHIP with JOSE CERDA AQUATIC FOUNDATION***

**REGISTRATION FORM**

**Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Grade as of the 2018-2019 (next) school year \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Preferred Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Preferred Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Experience Level: Advanced\_\_\_\_ Intermediate\_\_\_\_\_\_ Basic\_\_\_\_**

**Player's usual position: \_\_\_\_ Attacker \_\_\_\_ Utility \_\_\_\_\_ Center \_\_\_\_\_\_ 2M Defense**

**\_\_\_\_ Goalie**

**Check one: \_\_\_\_\_ One 2-hour session \_\_\_\_\_\_ Two 2-hour sessions**

**PAYMENT METHOD**

**Check for session(s) made out to The Jose Cerda Aquatic Foundation**

**Send registration form and payment to:**

**The Jose Cerda Aquatic Foundation**

**P.O. Box 1253**

**Mason, OH 45040**

**Questions please contact: Jan Matulis janmatulis@gmail.com 513-575-4628**